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"I have been going to this office since I moved to Chicago, for over 10 years. Now my husband comes here too. Dr. Couret is one of the nicest healthcare providers I have ever gone to. He is friendly and yet very professional. His staff is always extremely thoughtful and sweet. I have been extremely pleased with being a patient here at Dente."
Actual customer - A.M. Black 6/22/2017

Welcoming our NEWEST Patients to the Dente Family!

Our practice continues to grow because of the trust that our patients put in us. We are grateful for their trust, and are reminded everyday that trust has to be earned. We know this to be true because they have referred their friends and family to our office, knowing that we would treat them with care and respect. We would like to welcome our new patients to our Dente family.

Estefany D. • Dawn H. • Elyse B. • Caroline L. • Alex G. • Eugene W.

Gerhard H. • Dinah S. • Bryan T. • Christian P. • Brittany S. • Alison W.

Ivan K. • Jonathan M. • Rosa S. • Leonardo G. • Matija R. • Giuseppe B. • Courtney W.

Dente NEWS

June 2017

A Newsletter for Friends of Dente Complete Dentistry

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Welcome to our NEWEST Patients!



Mother of Mine

Last month was Mother's Day, and I wanted to let everyone know what my mom has meant to me. I'm what you would call a "mama's boy". My earliest memory as a 5 year old kid was when I was in Marshall Fields playing in the coat racks. I lost sight of my mother. All of a sudden, my heart started to pound and it was hard to breathe. I started to move towards the aisle and yelled at the top of my lungs "MOMMY!!!!" Then, my mom came running from the adjacent department and yelled "I'm here, I'm here." When I saw her, I ran towards her and collided with her in the aisle. As she grabbed me, I felt instantaneous relief.

I have never doubted my mother's love. She has always supported me with whatever I decided to do. One of my mom's best qualities is being a care giver. She loves to take care of people and dogs. Growing up, our house was always filled with people. My mom's aunt moved in with us after her husband died. My aunt did not have any children, and my mother did not want her to be alone. My aunt ended up staying with us until she passed at the age of 97 years old. Then, when my grandfather passed, my grandmother came to live with us. At one point, our house had 8 people living there. And our house was a small ranch home in Skokie.

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OUR GOAL IS TO SERVE YOU WITH SUCH A GREAT EXPERIENCE THAT YOU:

Thank the person who sent you to Dente Complete Dentistry,

and

Refer people that you care about to us.

Dear Dente Patients,

Thank you so much for being the best patients in the world! My first year with Dente and in the dental field has been incredible. When you have such a supportive and caring team like the one we have here at Dente, it's hard to not love your job. The first 2-3 months here, at the end of nearly everyday, Dr. Couret would ask, "KATE, you still likin' it here??" My response would be the McDonald's theme song: "BA DA DA DA DAAAAA, IM LOVINNN IT!" So yes Dr. Couret, a year and a half later, I'm still lovin' it here!

To have the privilege of serving you guys is something I take very seriously. I love it when I can help you, whether it's with insurance estimates, questions about your treatment, or keeping you on track with your oral hygiene appointments. Now that I've been here for a bit, I feel like I'm really getting to know you all, and that's what's so fun and rewarding for me. A huge thank you to Dr. Couret and all Dente staff for allowing me to learn and grow in so many ways. The learning and growing never stops, and I'm thankful for that. And side note- thank you SO MUCH for all of the wedding questions and encouragement! I'm so humbled whenever I'm asked how the planning is going, it's so sweet and thoughtful. A huge and heartfelt thank you, to all :)

Sincerely, Katie
(Front Desk Coordinator)

The Truth About Teeth Whitening

Teeth whitening can be done in the office or with a take home kit. Before any whitening is done, your teeth should be examined for any broken fillings, or chipped teeth that might interfere with a whitening procedure and have a professional cleaning, removing any staining, and calculus.

1. In-office whitening sessions will give immediate results: Gums are protected by a barrier, whitening solution is placed on the teeth, and a laser or light is used to enhance the solution.
2. You can also do a take home whitening kit. This consists of molds being taken, and custom whitening trays fabricated with whitening solution given for take home use. Take home trays are used over a period of time to achieve whitening results.
3. Over the counter whitening strips, will give some lightening of the teeth, but the solution is very unpredictable and results vary.
4. What are the risks?
 - a. Teeth may become sensitive, talk to your Dental Professional for advice on how to reduce sensitivity.
 - b. Poor oral habits, smoking, drinking red wine and berries, can alter results and may require the whitening periodically.
 - c. Whitening will not alter or change color of restorations, most often these restorations are re-done for optimal results.
5. It is important to follow instructions, as they are given to insure the best results.

Contact your Dental Professional with any concerns.

Mother of Mine, continued

When I went away to Indiana University, my mom was concerned that I would lose my Cuban pride. So on a regular basis, she would send me cut out newspaper articles about successful Cubans. I got articles about Gloria Estefan, Roberto Goizueta (Coca Cola CEO), Carlos Miguel Gutierrez (Kellogg CEO), and many others. She would include notes that said "I'm sending you this article so you know who the Cubans have become in this country." To this day she tells me about successful Cubans. One time, she said, "did you know the founder of Amazon is Cuban." And then I said "No Mom. Jeff Bezos was adopted by a Cuban family, but he's not Cuban." But she still wants to claim that one.

The number one thing my mom gave me was unconditional love. I always knew that whatever I did, and whatever the outcome, she would still love me. That was important to me because it gave me courage to take risks. As a 46 year old man, I still feel the love from my mother that I did in Marshall Field's as a 5 year old. Her relentless support and belief in me is why I adore and love my mom.

Alan Halvorsen - HGTV

Last year I saw one of my patients, Alan Halvorsen, for a routine appointment. I expected it to be the typical exchange, about the appointment, the things to expect and see you next week. Alan walked up to the front desk and was up there for quite a while talking with Katie and Zhana. After he left, I went up to them and asked, "What was going on with Alan and why was he up here so long?" Then Katie says, "Did you know that Alan is doing a home remodeling show on HGTV?" My reply, "NOOOO! That is so cool." So then Katie goes into the details about how he was doing a home remodel for House Hunters in Park Ridge, IL.



Unfortunately for Alan, he was on the books for another appointment the following week. He was going to experience my CIA interrogation techniques. Some of you poor souls have experienced this first hand. I NEEDED to know the whole enchilada about this TV gig.

It turns out that Alan was approached by his contractor to do the show. HGTV contacted the contractor because they liked his work. The contractor told HGTV that designer, Alan Halvorsen was the brains behind the design. Alan would come up with the plan, and the contractor executed it. Shortly after that HGTV contacted Alan to do the project.

The shooting was brutal. Alan basically had two clients. First, he had to work with the home owner and her husband. Second, he had HGTV. And he needed to please everyone. Oh, and did I mention he is also an architecture professor at IIT. And he had a full time business to run. To say that Alan had a full plate, was an understatement.

After my 15 minute interrogation, Alan told me when the show would be aired. I marked it on my calendar so I wouldn't miss it. I was going to be in Nashville visiting my cousin when the episode played. When I got to Nashville, I told my cousin that we had to watch Alan in his episode of House Hunters Renovation.

On the day of the show I made my family and my cousin's family gather around the TV. We turned on the show. They first had the realtor and the potential home owners go around the different Chicago suburbs to find a house. They showed the buyers 3 potential homes and from those three homes they chose the one to buy.

The buyers chose this cute home in Park Ridge. Then, in the second half hour, Alan and his team transformed this home into the buyer's dream home. Every time I saw Alan on TV, I smacked whomever was next to me and said with pride, "That's my patient." It was similar to the proud parent at the soccer game who said "That's my kid" immediately after their child made a good play.

The owner wanted Alan and his team to take this Park Ridge home and give it a Spanish modern look. I didn't know how Alan would pull it off. But he did. It looked great!!

I loved the job that Alan did with the house. I recommend that you watch the show. You can find it on House Hunter Renovation (Season 8, Episode 8) The title was "Out of their Comfort Zone." And if you want to check out more of his work you can go to Halvorsendesign.com.